



PENTATHLON·GB

South East Region Open Biathlon Championship and Triathlon

Sunday, 16th March 2008

At Whitgift School, Halling Park, Croydon, CR2 6YT

Timetable

Registration in lobby, please register 30 minutes before start of first event

Please refer to competitor list for detail information.

Shoot:	Gun Control	Start
Detail 1	8.30 am	9am
Detail 2	9am	9.30am
Detail 3	9.30am	10am
Detail 4	10am	10.30am
Detail 5	10.40am	11.10am

Please refer to competitor list for swim heats

Swim: Warm up *Please be at poolside 15mins prior to warm up for marshalling/ times are approximate*

10.30am	Heats 1-11	Minimus & Youth E girls & boys
11.15am	Heats 12-32	Youth D & C girls
11.30am		Youth D & C boys
12.45pm	Heats 33 - 49	Youth B,A Girls, J,S M Women
1pm		Youth B,A Boys, J,S,M Men

Please refer to competitor list for run heats

Run: *Please be at the start 15mins before your heat/ times are approximate*

Start:	2pm
Heats 1 - 10	2 -3pm
Heats 11-17	approx 3 -4pm
Heats 18 -21	approx 4 -5pm

Prize Giving:

Minimus, Youth E & D, boys and girls - approximately 4pm **Biathlon Only**
All the rest, Biathlon, pent, Tet, Tri approximately 5pm

Prize list:

Places 1st -6th Male & Female in each age group, for the Biathlon
1st & 2nd Teams where appropriate
1st-3rd Male & Female in two age groups, Youth E-C and YB-Master in the Tri/Tet/Pent, base based on score
Best Swim, Run, Shoot, Fence, Ride for male and female, based on score.

St John Ambulance will be in attendance throughout the day

Smoking is forbidden at all competition sites

No dogs allowed in the building or grounds

A café will be open throughout the day at Whitgift School,(with internet connection)

Neither the Organisers nor any persons acting on their behalf will accept any responsibility, financial or otherwise, for any injury or illness suffered by any competitor or spectator, or for any loss or damage to personal property whatsoever.

Please enjoy the day, and may the committee wish you all the very best

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